

## **RLC** Newsletter

June 2019

SOCIAL MINISTRY AND THE QUILTERS DONATE QUILTS TO HAVEN OF HOPE

### A message from Pastor Allman by Pastor David Allman

Are you a disciple or a member? Now you may be wondering, "What's the difference?" And, I am glad you asked.

A disciple of Jesus means one who gives full loyalty and support to God's Mission. God's Mission through Jesus means continuing to spread the good news (gospel) message that we read in what we call the New Testament. Before we can do that, we need to know what God's Word says, which means spending time with God's Word daily: reading or hearing it, studying it, praying about it, and obeying it. 1 Peter 3:15 reads, "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect..."

Being a disciple also means following Jesus' Great

Commission, i.e. the last thing Jesus said to his followers before he ascended into heaven. Matthew 28:19-20 reads, "Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and to obev teaching them everything I have commanded you." Notice Jesus does not tell us to go and make members.

What does it mean to be a member? In some organizations being a member means paying membership fees and having certain expectations of what you can receive in return for your money. For those who have a golf club membership it means paying fees for the right to play at an exclusive golf course. For those who have a symphony membership it means paying a fee for the right to purchase selected tickets in advance of everyone else. I am sure you can name others.

While the word we use "member" in the Church, in my humble opinion it is misleading. The Church is not a social club to which one pays a membership fee and can expect something in return. The Church more closely resembles а service organization, which one joins and is expected to participate in the activities of the organization. In Church that participation means more than attending Sunday worship. It means using one's God-given gifts and talents to further God's Mission to spread the good news.

I know some will respond, "I have already done all that," as if one can retire from God's Mission. People retire from the job for which they were paid. People do not retire from Church. God does not give people the gift of retirement so God can spend less time with them. Retirement gives one the opportunity to become fully engaged in discipleship.







Thank you for donating items for the food pantry in the narthex closet. Please remember, NO open packages or containers.

#### **News from the Office Administrator**

#### June 2019

Historically, the months of June and July are quieter in the church world. It is a great time for the office to catch up and begin to prepare for the busy fall season. We like to schedule things like carpet cleaning and other maintenance/repairs during this quieter time. I hope all of you get to "draw a breath" and relax during these summer months!

This fall we will be running Alpha again after a hiatus. It will be held on Thursdays from 12:00 PM-2:00 PM beginning on September 12<sup>th</sup>. It will include lunch, a video and small group conversation. If you haven't experienced Alpha, please come and check it out on the first day --no obligation if it isn't for you. Alpha will also be running at St. John the Divine on Mondays from 6:30-8:00 PM. All classes will be running on the same schedule (same lesson) so if you can't make your usual time, you can attend at St. John the Divine. Bring a friend so that they can "taste and see"!

Make sure to check the Welcome Table in the narthex for upcoming events. We post flyers and signup sheets there for many different activities both here at Redeemer and in the community so come and choose some fun and informative things to do!

Our Visitation/Communion Teams continue to reach out to our members in need with companionship and communion. Our parish nurses are providing support to our members with medical issues. If you know of anyone who needs visiting or help with a medical question, or if you would like to be one of our volunteers providing care, please feel free to contact me at carekeepersccr@gmail.com or call the church office at 813-634-1292. Our list of folks who are homebound keeps increasing and we could use more team members to visit them, particularly men to visit other men.

#### **Upcoming Events:**

Thursdays at 10:00 AM – Bible Study in Buhr Hall. Refreshments will be served!

#### (No Bible Study in June, Please join us again July 11th)

Monday, June 3rd at 11:30 – AED Class in Buhr Hall. Join us in Buhr Hall for this free demonstration

Friday, June 14th at 12:00 PM – Women's Bible Study in Buhr Hall.

**Saturday, June 15 at 1:10 PM** - Faith Day at the Rays! For more information se the flyer at the Welcome Table



by Pastor David Allman

#### Is there power in prayer?



Prayer Stats: The Bible contains 375 references to prayer; 50% of American sports fans believe supernatural forces are at work in sports – either praying for their team or believing they are cursed; 1 in 5 <u>unbelievers</u> pray daily; 60% of adults in the U.S.A. say they pray at least once a day.

How about you; do you pray daily? If so, for what do you pray? Do you pray for your family? Do you pray for sick relatives and friends? Do you pray for your own afflictions? Do you pray, by name, for people on Redeemer's prayer list? Do you pray for the world? Do you pray for Redeemer's pastor and other leaders? Do you pray that Redeemer will follow God's will; and, that we will be led into God's preferred future? Do you pray that you experience a deeper relationship with God?

Pastor and Author Max Lucado writes about a time when he preached at the church of Pastor John Maxwell. Lucado says that he was met at that Church by 120 people who prayed with and for him. Upon returning to his own congregation he shared this experience along with the plea for 120 people to pray for him and their Church. Lucado states that within six months: "We have broken our Sunday attendance record twice. We finished the year with our highest ever average Sunday attendance. We finished the year-hang on to your hat—over budget. We added three new staff members and six new elders. We witnessed several significant healings. I completed a challenging book on grace. Our entire staff attended a part of the inaugural Promise Keepers Pastors Conference. (and) Our church antagonism is down, and church unity is high."

In Matthew 7:7 Jesus says, "Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you" (NLT). Sometimes people will pray and when they do not receive the answer they wanted, they stop. Jesus says that we should keep on praying. I think it would be wonderful to have everyone praying for Redeemer along with our leaders and people; and, I think 120 people praying would be a good start. In fact, I will "keep on praying" for that to happen.

A member by the name of Janice Walsh has, with some fear and trepidation, agreed to form a prayer group. So, I am asking that everyone "keep on praying" for Janice as she works to make this happen. The beauty of praying is that we can do it anywhere, anytime, and with anyone. We only ask that you do not close your eyes while you are driving. If you are not sure what you could be praying for or about, please ask Pastor to email you a list of where to start.



#### **Thank you from Social Ministry!**

Throughout the month of April we collected your donations of personal care and household items for the ladies at Haven of Hope, who are reentering society after spending time in prison. Thank you to Pastor Allman for getting the Thrivent Action card and to JoAnne Owens for shopping for six sets of towels and additional personal care items for the ladies. Thank you to the Quilters for their generous donations of six handmade quilts. The guilts were colorful and coordinated beautifully with the new towels (see photo below). Thank you to the congregation and Jane Trefren for cash donations enabling Jane to purchase a Walmart gift card to be used towards the purchase of a new vacuum cleaner. Thank you to all for making this such a special project to benefit the ladies of Haven of Hope.





Thank you to all who gave so generously to the benevolence for the Pastor's discretionary fund during the month of April. This is a special fund kept at Redeemer to help member(s) of the congregation facing a financial hardship when an extraordinary need arises.

#### June Social Ministry project to benefit Good Samaritan Mission

Once again we will be collecting baby supplies and personal hygiene items for the Good Samaritan Mission. The Good Samaritan Mission is dedicated to a holistic approach to enhancing the spiritual. emotional and physical quality of life for those living in poverty. They currently serve the community by offering a food pantry through the incentivized Adult Education Program, postsecondary scholarships, and Back to School and Christmas Outreach Events. Current needs are for Diapers (sizes 3, 4, 5, and 6), baby wipes, shampoo (travel size), conditioner (travel size), deodorant, toothbrushes, and toothpaste. If you would like a team member to shop for you, please consider making your donation by check to Redeemer Lutheran Church and note Good Samaritan project on the memo line and outside of your envelope. Thank you for supporting GSM!



#### June Benevolence: Lutheran Services Florida (LSF)

Social Ministry is seeking your support for Lutheran Services Florida as June's benevolence recipient. LSF is a human services organization working with people to transform their lives. They serve children and families, youth and teens, adults and elderly, refugees and immigrants, and victims of natural disasters through various programs ranging from substance abuse and mental health to education. Through their work they strive to help communities build healthier, happier and hope-filled tomorrows. Please keep LSF in your prayers to bless the work they do.

Blessings,

Social Ministry Team



In gratitude, Social Ministry Team

#### Stay Hydrated! 5 Tips for Seniors to "Drink Up" this Summer

For seniors, it's especially important to stay hydrated in hot, weather. Dehydration happens when an individual loses more water than they take in. So those sweaty summer months can be dangerous for seniors who might already be dehydrated from medications or decreased thirst.

#### Here are 5 tips for seniors to stay hydrated this summer:

#### 1. Fruits and Veggies



Summer might bring the heat, but it also brings some of the most delicious in-season and water-packed foods of the year. Feel free to indulge in favorite summer-ripe cucumbers, oranges, plums and lettuces all summer long. The extra water content in these foods will help keep optimal hydration levels.

#### 2. Mix it Up

Good hydration doesn't have to rely on water alone. Iced tea, home-made lemonade or even simply adding fruit to a bottle of water can make it easier (or at least tastier) to get more fluids.

Just be sure to avoid too many overly sweetened or caffeine-laden beverages, which could undo some hydration efforts.

#### 3. Keep it With You

Sometimes the easiest way to get enough fluids is to make sure they are within easy reach. Keep a bottle of water next to the bed or a favorite chair, or carry one with you during the day to sip on between meals.

#### 4. Summer Soups

Yes, soup can be delicious in the summer! Try soups that are best served cool, or add seasonal veggies to keep things interesting.

### **5. Schedule It**

Still having trouble staying hydrated? Why not add it as a short and easy activity throughout the day. For example, set a timer every couple of hours. When the buzzer rings, take a long sip of a healthful beverage. Or, if you take a daily medicine, drink at least a few big gulps of water with each dose.

So "drink up!" healthfully to beat the heat and stay on top of your hydration. Your body and health will thank you! *From Parish Nurse Team* 



#### JUNE

#### BIRTHDAYS

- 5<sup>th</sup> Karen Munford, June Pohl
- 7th Gerri Julian, Evan Dehne
- 8<sup>th</sup>- Norman Kohler, Tina Kotek
- 9<sup>th</sup> Linda Eargle
- 10<sup>th</sup> Esther Geissler
- 11<sup>th</sup> Roger Clark, Cheryl Green, Herb McKittrick
- 15<sup>th</sup> Kaye Ristow
- **17<sup>th</sup> Clarence Antonsen, Guy Merskin**
- 18<sup>th</sup> Sieglinde Obernesser, David Barrett, Marjorie Mingst, Ralph Johnson
- **19th Fred Bastion**
- 22<sup>nd</sup> Joan Abrams
- 23<sup>rd</sup> Vivian Kann
- 25th Sandy Gundacker
- 28<sup>th</sup> Ann Miller, Mary Moquin
- 29th John Burness, Sally Trenski
- **30th Walter Geissler**

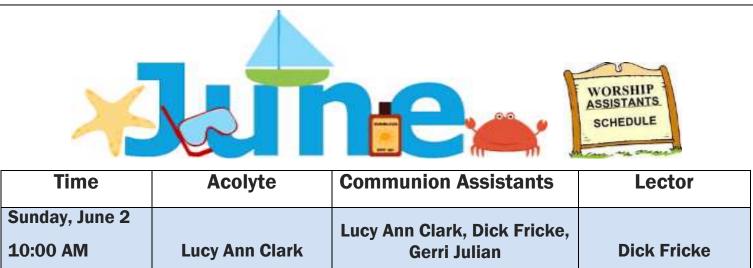


### JUNE ANNIVERSARIES

- 5<sup>th</sup> Lucy Ann & Buddy Clark
- 6<sup>th</sup> Jackie & Lester Moretti
- 11<sup>th</sup> Ava & James Casper
- 13<sup>th</sup> Patrick & Jane Sturmer
- 15<sup>th</sup> Ed & Tina Kotek
- **18th Robert & Delores Turner**
- 19<sup>th</sup> Jim & Tina Schwartz
- 20<sup>th</sup> Vern & Renate Bartz
- 25<sup>th</sup> Jim & Sandy McCaw



We ask if you notice information is missing or incorrect please let us know. Thank you!



10:00 AM	Lucy Ann Clark	Gerri Julian	DICK FRICKE
Sunday, June 9 10:00 AM	Lucy Ann Clark		Rosalie Kelleher
Sunday, June 16 10:00 AM	Debbie Andrews	Debbie Andrews, Jim Moyers, Lucy Ann Clark	Debbie Andrews
Sunday, June 23 10:00 AM	Jim Moyers		Hal Wold
Sunday June 30 10:00 AM	Kay Adkins		Vorin Johnston
Sunday July 7 10:00 AM	Pete Moose	Pete Moose, Dick Fricke, Lucy Ann Clark	Edie Moose



June Usher Team	June Altar Guild	Sound
Tina Schwartz Team Arlene Hansen and Edie Moose		Bill Adkins



#### Women's Bible Study

Women's Bible Study meets at **noon** the 2<sup>nd</sup> Friday of each month. Women's Bible Study will meet again on **June 14th.** 

Susan Wold and Paula Simenson co-lead the Bible Study. A new topic for summer from the *Gather* magazine is *For such a time like this*—Lessons *from Esther* by Kay Ward. In this three session summer study, the group will explore the book of Esther—one of the latest writings of the Old Testament. While reflecting on the life of this young queen, her experiences in king's court, and the challenges issued her by her adopted father, Mordecai, we consider how God may be calling us to use our own voices "for such a time like this."

### Session one: For such a time as this: Esther the queen—Voices in the king's court June

Session one sets the scene for the story of Esther and her adopted father, Mortecai. Esther and Mortecai are Jews living under the rule of the Persian king, King Ahasuerus. When Esther becomes the queen, her faith is tested. The Jews, those who have been carried off from their homeland, struggle with living as strangers in a foreign land. In this session we will think about how our culture may challenge our faith.

Please join us during the next great exploration. All women are welcome to attend, so join us and bring a friend.

#### **Thank You Meals on Wheels Drivers**

Once again Redeemer has served our community by bringing meals to shut-ins during the month of May. More than thirty members and friends of Redeemer delivered over eight hundred hot meals to people in need. This very worthwhile project reaches those who can use some help in tough times that are often brought on by medical problems, loss of spouse, or other family struggles. Receiving a hot, tasty, healthy meal and simply not having to worry about meal preparation is very much appreciated. The meals are picked up at South Bay Hospital and delivered throughout Sun City Center and Kings Point. The coordinator for Kings Point is Kathie Hackett and for Sun City Center is Hal Wold. Please contact either Kathie or Hal if you are willing to be part of this important mission. A special thanks to Dave Kiefer for his many years as the Sun City Center coordinator and for continuing as a driver and, a great big THANK YOU to all our volunteers who brought smiles and joy, as well as meals, to those who need and appreciate this service.



Meals on Wheels volunteers Robert and Delores Turner help people in our community by delivering meals.

#### **Bible Study**

Bible study will not be meeting in June. Please join us again on Thursday July 11th at 10:00 AM for Bible study. We are currently studying Proverbs. No prior knowledge of the Bible is required, and you don't even need to bring a Bible. One will be provided for you. All guests are welcome to attend.

Refreshments are served and it is FREE!

#### **Thrivent Faith Day with the Rays!**

It's time to start group orders for the 16<sup>th</sup> Annual Thrivent Day with the Rays! This year's game will have the Tampa Bay Rays taking on the Los Angeles Angels on Saturday, June 15th at 1:10 PM and Rays players will speak about their faith after the game. We've got excellent seats reserved in the Baseline Box section again this year. Each ticket includes a Rays hat of your choice. Group tickets cost \$33 (up to a \$60 value!).

A portion of the ticket proceeds will benefit Habitat for Humanity of Hillsborough County. Thrivent is partnering with Habitat Hillsborough and local churches on a Faith Build project this year to build a new home for a deserving family.

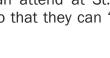




#### Alpha

This fall we will be running Alpha again after a hiatus. It will be held on Thursdays from 12:00 PM-2:00 PM beginning on September 12<sup>th</sup>. It will include lunch, a video and small group conversation. If you haven't experienced Alpha, please come and check it out on the first day, no obligation if it isn't for you. Alpha will also be running at St John the Divine on Mondays from 6:30-8:00 PM. Classes will be running on the same schedule (same lesson) so if you can't make your usual time, you can attend at St. John the Divine. Bring a friend so that they can "taste and see"!

St. Andrew Presbyterian will not be running Alpha during the fall as our last newsletter had indicated.



#### **Congratulations to grad Noah Allman!**



Thank you to everyone who helped to make Noah's graduation from High School so special: celebrating with us on Sunday after worship, sending and giving cards, as well as the many praters and well wishes.

#### **Food Pantry Donations**

The small food pantry in the church office is always in need of canned or other ready-to-eat, nonperishable food items. The next time you go to the supermarket or dollar store, pick up a can of Chef Boyardee, beans, chili, chicken, tuna, or even spam. The list of suitable items is long. If you get canned items, try to get those with pop-tops, as some people are so hungry they don't want to wait until they return to their camp or home to find their can opener. Don't forget even individuals in need may have allergies, so unsalted, low sodium, gluten-free and peanut-free products are good choices.

This is an easy ministry to participate in. When you are shopping for your own groceries, pick up one for someone in need. Take advantage of those "buy one get one" deals when you can. Your donations are very much appreciated by those who receive them.

If every worshipper brought only one can of food or box/package of crackers every time they came to church, we would never have to worry about running out.

Thanks for your continued support of this project.



#### **2019 Salt & Pepper Awards Finalist**

Our very own Lois Hobratschk, was selected as a finalist in the area of Health and Wellness at the 2019 Senior Connection Salt and Pepper Awards. Lois does it all! She is active with in the parish nurse group and many other ministries here at Redeemer Lutheran. Thanks for all you do for the church and within our community.



Here is some information on the Salt and Pepper awards which came from the Senior Connection Newsletter.

Senior Connection Center initiated the Salt and Pepper Awards in 2008 as our way of recognizing the achievements and acts of service that are performed by older adults who live right here in our community. This award was created as a tribute to the Honorable Claude Pepper, who was not only instrumental in crafting legislation that continues to help older Americans today, including Social Security and Medicare, but who continued to represent and serve the residents of the State of Florida in Congress until he passed away at the age of 88.

All of our Salt & Pepper Award finalists would certainly make Claude Pepper proud. They embody the theme of this year's Older Americans Month --Engage at Any Age!

#### **Assistance Needed!**

Susan and Kadie need new office chairs their current chairs have seen better days. We are looking for people to donate funds for their purchase. Each chair is \$160.00. Thanks and God Bless You!



#### **AED Demonstration**

Do you know or remember how to use the AED (automatic external defibrillator)? The company representative will be here to do a demonstration for our units on **Monday, June 3rd at 11:30 AM**. This is for those who do not know how to use the AED as well as a review for those who attended the demonstration last year.

#### June 9th Wear Red

We invite you to join us for cake and refreshments as we celebrate the birthday of the church in Buhr Hall following the service. Wear your something red or wear your red Redeemer shirt. There will be cake in Buhr Hall during Fellowship.



### The people of Redeemer believe in the power of prayer.

Ginny Acker, Mary Ann Addleman, Nancy Almaguer, Clarence Antonsen, Gerry Barnicle, Ursula Beger, Becky Bergman, Meta Boesel, Marilyn Bohl, Fran Bullock, Maggie Byrd, Delores Casper, Lenora Chapman, Anne Clouser, Carolyn Cole, Bill & Katharina Coryell, Betty Corzine, Carol Crawford, Hazel Crosby, Al Delaporte, Dottie Earl, Audrey & Joe Ercegovich, Dorothy Erickson, Kitty Fogt, Patty Fricke, Joan Glas, Jim Glass, Bill Giblin, Irene Griffin, Oliver & Kathie Hackett, Ken Hansen, Ken Heindel, Mary Jane Hermanns, Ruth Jones, Lee Kesler, Judy Kiel, Norman & Anne Koehler, Jean Kostka, Sue Kovacik, Louise Kunard, Harvey Lentz, Cheryl & John MacPhee, Herb McKittrick, Tamica McWilliams, Alice Miller, Jerry Miller, Louise Neam, Caroline Nensewitz, Sharon Olson, Dick & Dorothy Paulson, Nancy Payne, Nancy Philips, Gerda Regelin, Fred Ristow, Guy & Mary Ann Romano, Marlene Scharback, John & Patti Schaefer, Helene Schwartz, Margaret Scott, Mariam Sorby, Linda Strohfus, Myrna Strom, Patrick Sturmer, Sam Thompson, Jane Trefren, Sylvia Wicktor, Ted Wilson, and Susan Wold.

### Our Family and Friends

Kristyn, Mark, Ashley & Zach Allen, Allan & Phillis Amlee, Roman Amon, Mike Arnold, Dana Axinger, Harold Bailey, Lois Barrett, Donna Barnett, Abigail Bayless, Tim Berns, Bill & Peggy Bierce, Lore & Max Bokma, Lu Ann Bordwine, Steve Bullock, Carrie Burt, Bud Clark, Connie & Frank Castro, George Clark, Doug Cockerham and family, Norma Cole, Bob Collumb, Orv & Marlene Conner, Portia Conway, Diane Cowell, Julia Cox, Jeanette Crum, April D'Alessio, Thomas Deakin, Reanna Diaz, Melissa Dickinson, Steve Evans, Mark Everman, Peggy Farrell, Edward Ferrara, Cindy Freeman, Jo Anna Freeman, Katherine, Austin & August French, Meg Gallagher, Mauricio Garcia, Marie Grazino, Ernestine & Bob Greenslate, Bob Grotheer, Matt Gunter, Christa & James Harkins, Bill Hahn, Hannah family, Miranda Harris, Dan Haverland, Leonard Hermanns Jr., Diane Heindel, Michael Hillard, John Holland, Airrina Holmes-Smith, Sandy & Bob Janicek, Marion K., Gina Kanouse, Kathleen Kelleher, Tracey, Kirk, Gary, Joan, & Mike Kollerman, Aurora Kunnard, Nell & Mark Lucas, Ron, Vance & Bridgette Lumme, Annie Mangen, Zoe Marcus, Emily Marks, Keri Lynn Marston, George Martin, Terry Mattia, Caroline Mayne, Shannon McCormick, Marilyn Meister, Dennis Michel, James Miller, Mary Fran Miller, the Nelsen family, Amy Newman, Sheila Nicholson, David Nuchols, Melissa Pickinson, Robert Poetzsch, Scott Potochny, James Pottinger, Kelly Powell, Ken Quackenbush, Renee Quackenbush, Joe Raymond, Clariece Reitz, Neil Rich, Ed Robb, Lori Robb, Mary Rollins, Family of Lynne Rome, Joe Ruckert, Hope Rund, Jane Ruth, Steve Sanfilippo, Dan Schierenbeck, Renata Schirmacher, Joan Schollmeyer, Lynn & Patrick Sheridan, Kim Sherrill, Florence & Richard Silvis, Mary Soja, Jeff Sommers, Pastor Peter Stiller, Pedro & Aura Suarez, Bobby Timm, Noreen Thompson, Lucas Thor, Jim Tucker, Glenn J. Turner, Maria Velazquez, Melvin Vore, Agnes Wagaman, Stephanie Warner, Alex Watts, Donna Weber.

# God bless our country, our first responders, and our military men and women.

lssue 6

### **June 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
<b>2</b> 10:00 AM-Holy Communion Worship	<b>3</b> 10:30 AM-Al-Anon 11:30 AM – AED Class	<b>4</b> 10:00 AM-RLC Staff Meeting 1:00 PM-Barbershop practice 3:30 PM-AA Women's Group	5	<b>6</b> 9:00 AM-OA Meeting 6:45 PM-Choir Practice	<b>7</b> 9:30 AM-Quilters	8
<b>9</b> 10:00 AM-Worship Pentecost (wear red)	<b>10</b> 10:30 AM-Al-Anon	<b>11</b> 1:00 PM-Barbershop practice 3:30 PM-AA Women's Group		<b>13</b> 9:00 AM-OA Meeting 6:45 PM-Choir Practice	<b>14</b> 9:30 AM-Quilters 12:00 PM-Women's Bible Study	15
<b>16</b> 10:00 AM-Holy Communion Worship	<b>17</b> 10:30 AM-Al-Anon	<b>18</b> 3:30 PM-AA Women's Group	19	<b>20</b> 9:00 AM-OA Meeting	<b>21</b> 9:30 AM-Quilters	22
<b>23</b> 10:00 AM-Worship	<b>24</b> 10:30 AM-Al-Anon 1:00 PM – Council Meeting		26	27 9:00 AM-OA Meeting 6:45 PM-Choir Practice	28 9:30 AM-Quilters	29
<b>30</b> 10:00 AM-Worship 11:15 AM-Blood Pressure Check				to give an answer reason for the h	<b>S BE PREPAR</b> to everyone who asks you to ope that you have. But do the <b>ESS AND RESP</b> 1 Peter 3	o give the his with