

HEALTH KIT COLLECTION BEGINS NOW

RLC Newsletter

August 2019

A message from Pastor Allman by Pastor David Allman

Sometime in May in a sermon I mentioned a conversation our nearly four-year-old godson was having with his mother in which she said, “*It’s not always about you;*” and he responded, “*Yes, it is!*” Naturally that made everyone chuckle, which was partially my intent, and I also encouraged us to consider how often we take that mindset with God. Certainly we would never be so brazen as to say those exact words to God, although during times of trouble we may have wondered aloud, “*Why me?*” Or, when something happens at the church that we disagree with we comment, “*Well, no one asked me.*”

Honestly, has there ever been a time in life when you considered yourself the center of the universe; that is, when it felt like whatever was happening was happening specifically to or

because of you? Honestly, have you ever had to tell yourself that the world did not actually revolve around your life or wishes?

Our Earth orbits the Sun in our Solar System. Our Sun is one star among the billions in the Milky Way Galaxy. Our Milky Way Galaxy is one among the billions of galaxies in our Universe. From that perspective our individual lives are tiny and extremely brief. Psalm 8:3-4 asks a question that is hard to answer in relation to the size of the Universe. “*When I look at your heavens, the work of your fingers, the moon and the stars that you have established; what are human beings that you are mindful of them, mortals that you care for them?*”

One person wrote, “*We are like ants hugging a small rock, hurtling at mind-boggling speed through inconceivable vastness*

and time impossible to measure.” If you think about that for a while it will bring self-importance down to size. Although, do not think about it so long that you become depressed. While it is important to experience proper humility in the presence of God, it is also important to remember that God so loved this world that he gave us Jesus, compassion, forgiveness, grace, mercy and eternal life – just to name a few blessings.

When was the last time you got away from the city lights and spent time looking at the stars? It is both amazing and somewhat stupefying to me that the God who created all of that wants to have a personal relationship with me. I also need to understand that same God wants a relationship with everyone I see. You will never look into the eyes

of a person God does not love. St. Augustine said that God loves each one of us as if there is only one of us to love. Jesus said, "Love your neighbor as yourself!"

Pastor Allman 

Thank you for donating items for the food pantry in the narthex closet. Please remember, NO open packages or containers.



Support for others

(Collection boxes are on the narthex counter)

BRING US YOUR



News from the Office Administrator

August 2019

Fall is almost upon us! We are busy in the office getting things ready for a busy fall season. It is always fun to see our snowbirds return and the joyful reunions.

Redeemer now has a licensed therapist in residence! Donna Maso, LCSW meets with clients Fridays and Saturdays in the library. She came to us from South Shore Community Church in anticipation of their property sale. She will be leading a Grief and Loss Educational series in August on the 9th, 16th, 23rd and 30th from 3:00-4:00 PM in Buhr Hall. This is open to the public and free. For more information please contact the office at 813-634-1292 or carekeepersccr@gmail.com.

This fall we will be running Alpha again after a hiatus. It will be held on Thursdays from 12:00 AM-2:00 PM beginning on September 12th. It will include lunch, a video and small group conversation. If you haven't experienced Alpha, please come and check it out on the first day-- no obligation if it isn't for you. Alpha will also be running at St John the Divine (Mondays 6:30-8:00 PM). Both classes will be running on the same schedule (same lesson), so if you can't make your usual time, you can attend the other church. Bring a friend so that they can "taste and see"!

Make sure to check the Welcome Table in the narthex for upcoming events. We post flyers and signup sheets there for many different activities, both here at Redeemer and in the community, so come and choose some fun and informative things to do!

Our Visitation/Communion Teams continue to reach out to our members in need with companionship and communion. Our parish nurses are providing support to our members with medical issues. **If you know of anyone who needs visiting or help with a medical question, or if you would like to be one of our volunteers providing care, please feel free to contact me at carekeepersccr@gmail.com or call the church office at 813-634-1292. Our list of folks who are homebound keeps increasing and we could use more team members to visit them, particularly men to visit other men.**

Upcoming Events:

Thursdays at 10:00 AM – Bible Study in Buhr Hall. Refreshments will be served! **(No Bible Study on August 22.)**

Friday, Aug. 9th at 12:00 PM– Women's Bible Study in Buhr Hall.

Friday, Aug. 9, 16, 23, 30 at 3:00 PM– Grief & Loss Support in Buhr Hall. Free

Monday, Sept. 30 from 9:00 AM-5:00 PM – Lifeline Screening

Monday, Nov. 4 from 9:00 AM-12:00 PM – Free Health Fair in Buhr Hall

AUGUST STEWARDSHIP

by Pastor David Allman

A few months ago I was part of a clergy group that was discussing volunteerism, along with other church related topics. I had mentioned that Sun City Center is a retirement community, and often when asking for volunteers I hear, “Pastor, I’m retired.” Someone else in the group wondered whether people retire from “something” or retire to “something.” I have been pondering this, and so I propose a couple of questions for each of you to consider.

How do you finish these sentences? I retired from _____. I retired to _____. Maybe those seem like easy answers although I would like you to answer (for yourself) with more than simple, generic responses, like “I retired from work.” And, “I retired to have fun.” I encourage you to try making a list for each question, and be as specific as possible.



People generally retire from their employment and have some kind of retirement plan. Personally when I am able to retire we hope to purchase an RV to drive around and explore this beautiful country of ours because there is so much Candy

and I have not seen. Maybe your retirement plan was to further develop a hobby or talent. Maybe you retired from snow and ice in one of the northern states. Probably none of you planned to retire and spend each day in a different doctor’s office.

As you make your lists, think about where your Christian discipleship ends up. Did you retire from volunteering at the Church? I know some who have said, “It’s time for the younger people to take over.” The problem with that statement is that all of those “younger people” stayed behind in the Church you retired from. At Redeemer I can virtually count the “younger people” on one hand; and, those would be people in their late sixties and early seventies who may still be working.

The Bible teaches that God has given each one of us spiritual gifts and talents. I believe God has brought each one of you to Redeemer for a reason and with a purpose. You are here because God wants you to use your spiritual gifts in a way that will help Redeemer move toward God’s preferred future for us. “For surely I know the plans I have for you, says the LORD, plans for your welfare and not for harm, to give you a future with hope” (Jeremiah 29:11, NRSV).

My encouragement is that as you ask and answer for yourselves those two questions mentioned earlier, you include God in the discussion. Ask God to answer with you, as God definitely has plans for you, if you will listen.

FOR I
KNOW
THE PLANS
I HAVE
FOR YOU

Jeremiah 29:11

Social Ministry & Benevolence Thank you!

We appreciate the support of those who made donations of toiletries and hygiene products and baby supplies, as well as cash used to purchase gift cards for Good Samaritan Mission. Thank you to Jeanne Pruett for getting the Thrivent Action card and shopping, to Jane Trefren for purchasing gift cards with the cash donations from the congregation, and to Jane for coordinating the delivery of everything to Good Samaritan Mission. We are also grateful to all who gave so generously to the June benevolence for Lutheran Services Florida. Also, thank you for the ongoing donations to the food closet. We are grateful to Nancy and Paul Carrier for taking donations to Our Lady's Pantry located on the campus of Our Lady of Guadalupe Catholic Migrant Mission in Wimauma. The pantry continues to serve people in need of food in the Wimauma, Balm and Sun City Center areas. Thank you for your continued prayers in support of the staff, volunteers and people served through these organizations.

In gratitude,

Social Ministry Team



Jane delivers items to Good Samaritan Mission's office coordinator Cindy Linn.

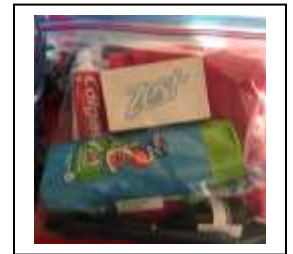
August Social Ministry Project

School health/hygiene kits

During the month of August we will be collecting health kits for the students at local schools. The nurse at the school offers in-class education about healthy hygiene habits. The kits we provide supplement her classes. We have a list of necessary items to make a kit. If you would like to make a complete kit, please place it in a gallon-sized Ziploc bag. If you prefer to donate money to buy the items, please write "health kits" on your envelope or check. Thank you for supporting this project. God bless you as we continue to impact our community.

Health Kit list: Please include all items in a gallon-sized Ziploc bag if you decide to make a complete kit.

- Toothbrush
- Toothpaste
- Shampoo
- Bar soap
- Comb/Brush
- Wash cloth
- hand towel



Other items that may be donated but should not be included in the kits are: Deodorant, Feminine Hygiene products, and small hand sanitizers.

Thank you for supporting this Social Ministry Project!

August Benevolence: Good Samaritan Mission

Donations made to benevolence fund during the month of August will go to support the Good Samaritan Mission. GSM provides many services to the community, including a mobile truck that brings pantry supplies to various locations and is home to the annual Christmas Blessings events. They have ongoing expenses to maintain this ministry, such as vehicle maintenance and insurance. Please consider making a donation this month by marking on your check to Redeemer and/or offering envelope that your donation is for GSM/benevolence. For more information and to visit the GSM website go to

<http://www.gsmission.org> or visit on Facebook <https://www.facebook.com/GoodSamMissionWimauma/>

Blessings,

Social Ministry Team

August

Evangelism

Our word “gospel” comes from a Greek word “εὐαγγέλιον” meaning good news. This word was Latinized when Christianity became the official religion of the Roman Empire into the word, “evangelium.” In English we are most familiar with the word as “evangelism” which means sharing the good news of Jesus the Christ.

In Luke 10:1-11, 16-20, when Jesus sent out the seventy disciples to evangelize the surrounding communities, he was teaching how to respond to others that we encounter in the world, as opposed to those “knee-jerk” reactions that we sometimes feel compelled to use when we encounter some people in this world.



Jesus says to first offer other people “peace.” The root word in the Greek for this “peace” means to “fasten together.” My interpretation of this use of the word “peace” as “fasten together” is all about building a relationship. So, Jesus’ intention for us is to seek out people in the community with whom we can build a relationship. If the other person is interested in that relationship then your “peace” will rest on that person and if not your “peace” will return to you.

The essential part for each of us is to determine what our “peace” will look like to others. In Luke’s gospel Jesus is talking specifically about your “peace.” In other words, what kind of relationship will you be offering the other person? Will your

“peace” be open and friendly? Or, will your “peace” be perceived as not all that friendly?

Before we talk to others about Jesus we are instructed to build a relationship with them. Being “sent out” involves experiencing the lives of others. We meet them where they are and we are open to them drawing their own set of boundaries for the relationship. We seek to share the good news in a language the others can understand. In order to do this, we must first listen.

It is necessary, also, for us to seek to understand their situation and their perspective on it. Only then can we engage them in a conversation, minister to their needs, and seek to help them make sense out of the life situations that they are experiencing. Being “sent out” is about establishing relationships and being willing to be used by the Holy Spirit as channels of God’s love and grace. We worship a God of relationships. The God who became flesh and lived among us.

Building relationships and sharing your beliefs requires faith (aka trust) — trust that God’s Holy Spirit is with you, will guide you, and will somehow use you. The followers of Jesus are called to express the faith that we confess in lives of action. Actions that positively impact the lives of others, while giving the honor and glory to God. The ministry and the message we share is the ministry and message Jesus shared. What we do and say is about Jesus and from Jesus.



From Parish Nurse Team

HEPATITIS A has been in several recent news reports where it has been identified in some restaurant workers.

HEPATITIS A is a contagious liver infection caused by a virus.

PROTECT YOURSELF FROM **Hepatitis A**

HOW IS IT SPREAD?



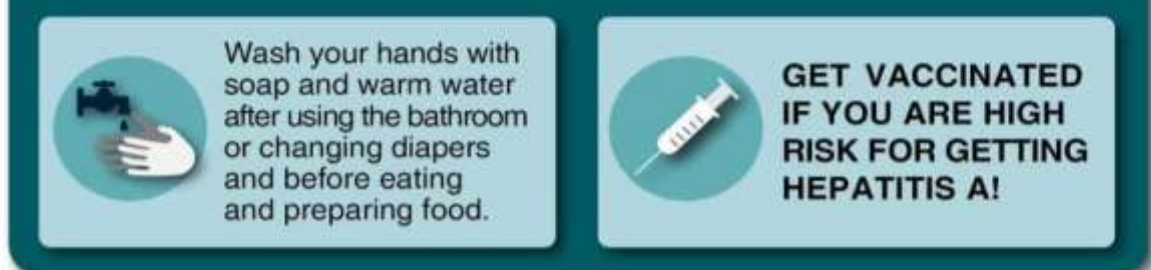
It can also be spread by sharing food, drink, drugs, toothbrushes, and utensils with someone infected with Hepatitis A

WHAT ARE THE SYMPTOMS?



Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite
If you have symptoms, see your doctor.

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



AUGUST BIRTHDAYS

- 1st – Martha Viohl**
- 3rd – Jennie Fleitner, Margery Ruse**
- 4th – Anne Doerfler, Marty Gifford,
Dr. Oliver Hackett, Nancy Hayes,
Judy Kiel**
- 6th – Audrey Ercegovich**
- 7th – Dan Pollert**
- 8th – Jenise German**
- 10th – Denise Fitzpatrick**
- 12th – Nancy McIntosh**
- 14th – Betty Morrison**
- 20th – Marie Bisette**
- 21st – Joan Contois, Dick Fricke**
- 22nd – Eileen Burness**
- 26th – Richard Johnston**
- 27th – Grace Springer**
- 28th – Ginny Acker**
- 29th – Hans Barfels, Betty Corzine,
Pete Moose, George Revelj**



AUGUST ANNIVERSARIES

- 1st – Sally & Michael Trenski**
- 3rd – Kurt & Elfi Nolden**
- 6th – Ken & Arlene Hansen**
- 10th – John & Emma Jean Mostoller**
- 16th – George & Susan Grosskopf**
- 20th – Mike & MaryAnn Sigler**
- 22nd – Dianne & Joe Good**
- 24th – Paul & Nancy Carrier**
- 31st – Dr. Oliver & Kathie Hackett
Bob & Valerie Southwell Jr.**



We ask if you notice information is missing or incorrect, please let us know. Thank you!



Time	Acolyte	Communion Assistants	Lector
Sunday Aug. 4 10:00 AM	Lucy Ann Clark	Lucy Ann Clark, Dick Fricke, to be determined	Dick Fricke
Sunday Aug. 11 10:00 AM	Walter Geissler		Edie Moose
Sunday Aug. 18 10:00 AM	Walter Geissler	Walter Geissler, Denise Fitzpatrick, Jim Moyers	Denise Fitzpatrick
Sunday Aug. 25 10:00 AM	Lucy Ann Clark		Rosalie Kelleher
Sunday Sept. 1 10:00 AM	Lucy Ann Clark	John Minor, Walter Geissler, Lucy Ann Clark	John Minor



Unable to assist on Sunday?

Please call Carolyn Cole so she can make adjustments to the worship assistant schedule. Thanks.

Carolyn can be reached at 206-291-3796.

Aug. Usher Team	August Altar Guild	Sound
Bill Adkins Team	Erika Barfels, Kathie Hackett, Jane Trefren	Bill Adkins



Fellowship Time Help Needed

Good times and great snacks are definitely a way to describe the after-church gathering. If you are interested in helping, setup starts at 9:00 AM, serving coffee is at 11:00 AM and **cleanup is where we really need help**. With help we could be done by 12:15 PM. Please see Paula Simenson if you have any questions.

We are always in need of snacks. Treats that can be served on napkins are ideal. There is a signup tablet near the kitchen window. Please consider signing up to help serve/cleanup or bring in baked goods on a Sunday.

Thank you!

The Fellowship Team

Bible Study

Please join us on Thursday's at 10:00 AM for Bible study. We are currently studying Proverbs. No prior knowledge of the Bible is required, and you don't even need to bring a Bible. One will be provided for you. All guests are welcome to attend.

Refreshments are served and it is FREE!



Women's Bible Study

Women's Bible Study meets at **noon** the 2nd Friday of each month. Women's Bible Study will meet again on **August 9th**.

Susan Wold and Paula Simenson co-lead the Bible Study. A new topic for summer from the *Gather* magazine is *For Such a Time Like This—Lessons from Esther* by Kay Ward.

In session three, we'll examine the last chapters of the book of Esther, which are full of hope for the future for the Jews. The defeat of their enemies is to be celebrated in a feast, the festival of Purim. Directions are given for the celebration of the festival. As women of faith, full of love for God and others, we will consider ways to find and use our voices in our present circumstances—"for such a time as this."

Please join us during the next great exploration. All women are welcome to attend, so join us and bring a friend. A copy of the *Gather* magazine is available to be checked out in our church library for anyone interested.



Image and information from gathermagazine.org

Romantic Piano Treasures Concert

Redeemer members Richard and Anne Doerfler invite you to enjoy a special concert by their dear friends and concert pianists performing on the Doerfler's 9' Yamaha concert grand piano. This promises to be a delightful way to spend a summer afternoon.

Iryna Arbatska and David Alaverdian, a New York City-based musical couple, will perform a concert of solo and duet works by celebrated Romantic composers including Chopin, Debussy, Ravel, Liszt, and Rachmaninoff.

Iryna and David have won many national and international awards and studied in such famous institutions as the Moscow Conservatory, and Julliard, Manhattan, and Mannes schools of music in New York. They continue to be involved in the music world, teaching and participating in weekly Worship as organists and choral conductors.

Sunday, August 11th, 3:00 PM
 United Methodist Church
 1210 Del Webb Blvd West
 Sun City Center, Florida
 813-634-2539

Tickets are \$10 in advance, \$15 at the door.

Tickets are on sale now at the United Methodist Church's office during office hours or by contacting Anne Doerfler.

Thank you!

Thank you for the cards, gifts, prayers, and support for my graduation.

Noah Allman



Alpha returns this fall

Redeemer and St. John the Divine are teaming up again for Alpha.

Alpha is an 11 session course that investigates the claims of Christ, the relevance of the Bible, and much, much more in a relaxed small group setting.

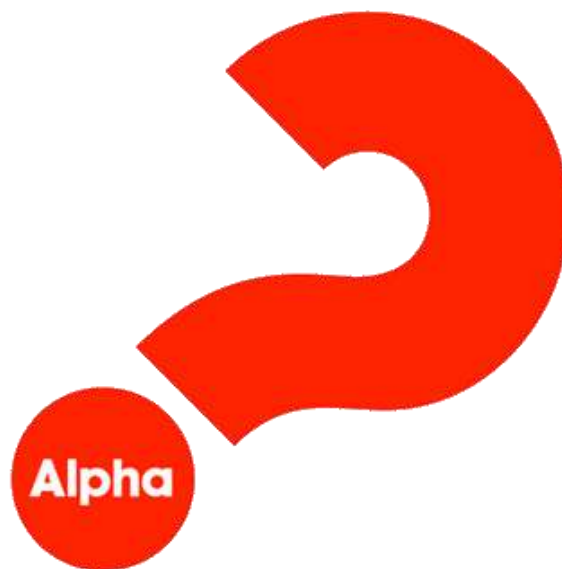
Alpha is free of charge and is open to the community. The course is great for anyone interested in Christianity. Come check it out, if Alpha is not your cup of tea there is no obligation to return.

Save the date

Monday evenings starting **September 9, from 6:00 PM to 8:30 PM, at St. John the Divine.** Sessions will run through November 18th.

Thursday afternoons, starting **September 12, from 12:00 PM to 2:00 PM at Redeemer Lutheran.** Sessions will run through November 21st.

All Alpha sessions include a light meal, a video presentation, and small group discussion. If you are interested in registering or would like to help out in any capacity, please call the church office at 634-1292 or email scredeemerlc@gmail.com



Free desk

We no longer need the desk that is in the conference room. It has not been really used for some time and has just been sitting there collecting dust. If you or someone you know might be interested, please call Kadie in the office at 813-634-1292. We are not able to move or transport it, so you will need to be able to remove it from the building and cart it home.



2019 Baseball with the Bishop

Redeemer has been invited by our friends at St. John the Divine to attend the upcoming baseball game for the Episcopal Diocese of Southwest Florida. The game is on Friday, August 30 at 7:00 PM.

Please note: Our price is \$25 – game ticket + \$10 – chartered bus = Per Person!!!! We will have several Rays door prizes! Ticket sales will start online August 1st. Please contact Allie Maiocchi at SJD for updates or more information. 813-629-2002 or via email at allieree1@tampabay.rr.com or allie6446@gmail.com

All tickets must be purchased and paid for by Wednesday, August 21.

**Game: Friday, August 30, at 7:10 PM
Tampa Bay Rays vs. Cleveland Indians**

Gates open at 5:40 PM

5 Wishes and Spiritually and Aging

Please save the date Monday, October 7. Redeemer will welcome guest speakers Rev. Bill Cooley and Jean Hogan. Rev. Bill Cooley will give his presentation on Spirituality and Aging, and Jean Hogan will give a presentation on the 5 Wishes following a light lunch. A sign-up sheet will be available on the welcome table in the near future.



New Lamp

A big thank you to Jane Trefren for making a donation for the purchase of a new lamp. It is a beautiful addition to the library in memory of Mike Trefren.



Food Pantry

Thank you for all of your donations. We are always accepting donations for the local food pantry. Please keep on taking advantage of those buy-one-get-one deals to help keep the food closet stocked. Thanks again for sharing what you can!



The people of Redeemer believe in the power of prayer.

Ginny Acker, Mary Ann Addleman, Nancy Almaguer, Gerry Barnicle, Becky Bergman, Meta Boesel, Marilyn Bohl, Diane Brace, Fran Bullock, Maggie Byrd, Delores Casper, Lenora Chapman, Anne Clouser, Carolyn Cole, Bill & Katharina Coryell, Betty Corzine, Carol Crawford, Hazel Crosby, Al Delaporte, Dottie Earl, Audrey & Joe Ercegovich, Dorothy Erickson, Kitty Fogt, Patty Fricke, Joan Glas, Jim Glass, Bill Giblin, Irene Griffin, Oliver & Kathie Hackett, Ken Hansen, Ken Heindel, Mary Jane Hermanns, Ruth Jones, Norman & Anne Koehler, Jean Kostka, Sue Kovacik, Louise Kunard, Harvey Lentz, Cheryl & John MacPhee, Tamica McWilliams, Alice Miller, Louise Neam, Caroline Nensewitz, Sharon Olson, Dick & Dorothy Paulson, Nancy Payne, Nancy Philips, Gerda Regelin, Fred Ristow, Mary Ann Romano, Marlene Scharback, John & Patti Schaefer, Deya Schierenbeck, Helene Schwartz, Margaret Scott, Mariam Sorby, Linda Strohfus, Myrna Strom, Patrick Sturmer, Sam Thompson, Jane Trefren, Sylvia Wicktor, Ted Wilson.

Our Family and Friends

Kristyn, Mark, Ashley & Zach Allen, Allan & Phillis Amlee, Roman Amon, Mike Arnold, Dana Axinger, Harold Bailey, Amanda Baran, Lois Barrett, Donna Barnett, Abigail Bayless, Tim Berns, Bill & Peggy Bierce, Lore & Max Bokma, Lu Ann Bordwine, Steve Bullock, Carrie Burt, Bud Clark, Connie & Frank Castro, George Clark, Doug Cockerham and family, Norma Cole, Bob Collumb, Orv & Marlene Conner, Portia Conway, Diane Cowell, Julia Cox, Jeanette Crum, April D'Alessio, Thomas Deakin, Reanna Diaz, Melissa Dickinson, Steve Evans, Mark Everman, Peggy Farrell, Edward Ferrara, Cindy Freeman, Jo Anna Freeman, Katherine, Austin & August French, Meg Gallagher, Mauricio Garcia, Marie Grazino, Ernestine & Bob Greenslate, Bob Grotheer, Matt Gunter, Christa & James Harkins, Bill Hahn, Hannah family, Miranda Harris, Dan Haverland, Leonard Hermanns Jr., Diane Heindel, Michael Hillard, John Holland, Airrina Holmes-Smith, Sandy & Bob Janicek, Marion K., Gina Kanouse, Kathleen Kelleher, Tracey, Kirk, Gary, Joan, & Mike Kollerman, Aurora Kunnard, Nell & Mark Lucas, Ron, Vance & Bridgette Lumme, Annie Mangan, Zoe Marcus, Emily Marks, Keri Lynn Marston, George Martin, Terry Mattia, Caroline Mayne, Shannon McCormick, Marilyn Meister, Brooke Melton-Hardy, Dennis Michel, James Miller, Mary Fran Miller, the Nelsen family, Amy Newman, Sheila Nicholson, David Nuchols, Kristina Piazza, Melissa Pickinson, Robert Poetzsch, Scott Potochny, James Pottinger, Kelly Powell, Ken Quackenbush, Renee Quackenbush, Joe Raymond, Clariece Reitz, Neil Rich, Ed Robb, Lori Robb, Mary Rollins, Family of Lynne Rome, Joe Ruckert, Hope Rund, Jane Ruth, Steve Sanfilippo, Dan Schierenbeck, Renata Schirmacher, The family of Annaliese Schmidt, Joan Schollmeyer, Lynn & Patrick Sheridan, Kim Sherrill, Florence & Richard Silvis, Mary Soja, Jeff Sommers, Pastor Peter Stiller, Pedro & Aura Suarez, Bobby Timm, Noreen Thompson, Lucas Thor, Jim Tucker, Glenn J. Turner, Maria Velazquez, Melvin Vore, Agnes Wagaman, Stephanie Warner, Alex Watts, Donna Weber.

God bless our country, our first responders, and our military men and women.

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 AM-OA Meeting 1:30 PM-Memorial Service for Guy Romano	2 9:30 AM-Quilters	3
4 10:00 AM-Holy Communion Worship	5 10:30 AM-AI-Anon	6 3:30 PM-AA Women's Group	7	8 9:00 AM-Parish Nurses Meeting 9:00 AM-OA Meeting 10:00 AM-Bible Study	9 9:30 AM-Quilters 12:00 PM-Women's Bible Study 3:00 PM Grief & Loss Support	10
11 10:00 AM-Worship	12 10:30 AM-AI-Anon	13 10:00 AM-RLC Staff Meeting 3:30 PM-AA Women's Group	14 11:00 AM-Worship & Music	15 9:00 AM-OA Meeting 10:00 AM-Bible Study	16 9:30 AM-Quilters 3:00 PM Grief & Loss Support	17
18 10:00 AM-Holy Communion Worship	19 10:30 AM-AI-Anon	20 3:30 PM-AA Women's Group 7:00 PM- Finance Team Meeting	21	22 9:00 AM-OA Meeting	23 9:30 AM-Quilters 3:00 PM Grief & Loss Support	24
25 10:00 AM-Worship 11:15 AM-Blood Pressure Check	26 10:30 AM-AI-Anon 1:00 PM- Council Meeting	27 10:00 AM-RLC Staff Meeting 3:30 PM-AA Women's Group	28	29 9:00 AM-OA Meeting 10:00 AM-Bible Study 6:45 PM Choir Practice	30 9:30 AM-Quilters 3:00 PM Grief & Loss Support	31