



VOLUNTEER OPPORTUNITIES AVAILABLE FIND OUT MORE AT THE MINISTRY FAIR

# RLC Newsletter

## March 2022

### A Message from Pastor Allman

I was talking with someone who remarked that the workload at Church between Thanksgiving and Easter makes her head spin. I completely agree.

Honestly, we are probably beginning our preparations for Advent and Christmas well before Thanksgiving. The First Sunday in Advent is generally that Sunday after Thanksgiving, so we have to begin preparing by the first of November. Before Christmas services happen, we are already looking at ideas for Lent and Easter.

December is traditionally the month we meet as a congregation to discuss and vote on a spending plan for the next calendar year. October is usually Stewardship month; and, the Stewardship & Finance Team are developing a program and spending plan by the second

week in August. January traditionally is the month we meet as a congregation to receive Ministry Team reports and vote on new Council members. Ministry Team leaders are writing those reports as the previous calendar year is ending, and the Nominating Team is seeking candidates for Council before Christmas.

Someone once described this whole thing as “*hitting the deck with your feet running.*” I completely agree. Maybe we could best describe Church work as feet running, head spinning, and heart racing, etc. I wish we could claim it as a cardio-workout.

As the Pastor at Redeemer, I have come to rely on our great staff and lay leaders. I may not thank them as often as I wish, although I hope they have felt

appreciated by all of us. I encourage all members and friends of Redeemer to speak words of encouragement and appreciation for our staff and lay leaders. Also, I invite people to step forward and volunteer for the many ministries that happen at Redeemer.

*Pastor Allman* ✝



## News from the Office Administrator

**March 2022**

By the time you are reading this, I will have left my position at Redeemer Lutheran Church. I have enjoyed 7+ years here and all of you will remain in my heart.

As many of you know, my son, Tristan, and his wife Kendra gave birth in January after a difficult high-risk pregnancy. Delivery was by emergency C-Section and baby Norah Sue was whisked off to All Children's Hospital in St. Pete where she remained for 23 days. She has now been home for a few weeks and we love having the opportunity to get to know her. She joins her big sister Eliza Jane (21 months). Right now, my kids need a lot of support from us as they navigate getting back to work and taking care of these girls. It has been challenging for me to help them as well as work a job that has set hours. I am resigning to be more available to them and also concentrate more on my real estate business where I can manage the time commitment better.

Thank you for the opportunity to serve here at Redeemer. I believe that I have left after being able to improve many of the office functions. It is my hope that your next administrator will be able to use what has already been started here and continue to build into the future.

May God pour out his blessings on all of you and all you serve.

With thanks and a grateful heart,

Susan

If you want to get ahold of me, here is my contact information:

Susan Warner

[3ontanana@gmail.com](mailto:3ontanana@gmail.com)

619-321-9293



THANK YOU FOR EVERYTHING



WE'LL ALL MISS YOU!

memegenerator.net



# MARCH STEWARDSHIP & GROWING IN FAITH

Sunday, February 27th, was Transfiguration Sunday, which offers a bridge (of sorts) between two seasons: Epiphany and Lent. Epiphany is a season when we lift up the revelations of Jesus as the Light of the World, beginning with the story of Magi traveling from far away to the East to pay homage to the newborn king of the Jews and moving through many of the challenging teachings of Jesus about what it means to be Christian.



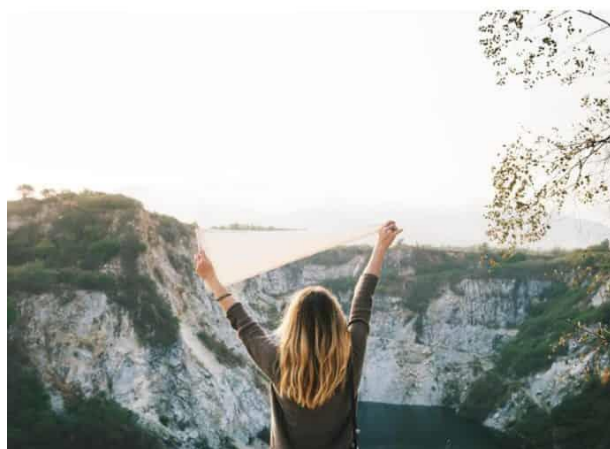
Lent is a time for self-reflection on how we are progressing as followers of Jesus -- “Grow in Faith” (#3 part of Redeemer’s Mission Statement). As we reflect, we may discover things that we could stop doing (giving up something for Lent) and/or things that we could start doing in order to improve on our relationship to God/Jesus.

Good Friday and Easter remind us that the world was not ready to hear Jesus’ message, and that even executing the messenger will not stop the gospel. Isaiah 55:10-11 reads, “For as the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it.”

As Followers of the Way, a.k.a. Christians, each of us is called to carry on with God’s Mission begun in Jesus. Matthew 28:19-20 teaches us this truth, Jesus says, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you.”

Be encouraged to take some time during Lent to reflect on how you are doing with living into your calling to carry out God’s Mission in your neighborhood and community.

BUILDING A  
*Relationship*  
WITH  
*God*



# METABOLIC SYNDROME



## What is METABOLIC SYNDROME?

It is a **CLUSTER OF RISK FACTORS** that can increase your risk of having:



HEART  
ATTACK



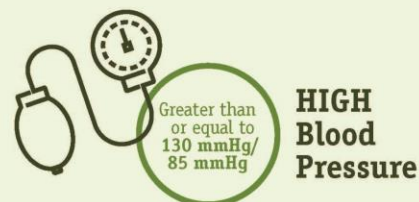
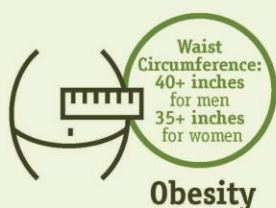
STROKE



TYPE 2  
DIABETES

## KNOW YOUR NUMBERS

People with metabolic syndrome have  
**AT LEAST 3 OF THE FOLLOWING:**



## How to PREVENT it

The best ways to **PREVENT – EVEN REVERSE** – metabolic syndrome:



- Eat fewer simple carbohydrates
- Increase fiber
- Consume healthy fats



Information provided for educational purposes only. Please consult your health care provider regarding your specific health needs.

For more information, visit [CardioSmart.org/MetabolicSyndrome](http://CardioSmart.org/MetabolicSyndrome)



@CardioSmart

From the Parish Nurse Team

If you would like to download or order additional posters on various topics, visit [CardioSmart.org/Posters](http://CardioSmart.org/Posters)

## MARCH BIRTHDAYS

- 1<sup>st</sup> – Jackie Moretti**
- 3<sup>rd</sup> – Mary Ann Addleman**
- 6<sup>th</sup> – Don Erickson, Betty Mack,  
Lucas Dehne**
- 9<sup>th</sup> – Dottie McKenzie**
- 10<sup>th</sup> – Barbara Kately**
- 11<sup>th</sup> – Connie Berry**
- 13<sup>th</sup> – David Kiefer**
- 14<sup>th</sup> – Jim Schwartz**
- 15<sup>th</sup> – Patrick Sturmer**
- 16<sup>th</sup> – Harold Fisher**
- 18<sup>th</sup> – Judy Buskirk, John Mostoller**
- 19<sup>th</sup> – Dick Paulson**
- 20<sup>th</sup> – Don Detar, Loriann Fox,  
James Grill**
- 24<sup>th</sup> – Mary Jane Hermanns**
- 26<sup>th</sup> – Margie Adair, Vern Bartz,  
Nancy Carrier**
- 27<sup>th</sup> – Paul Ó Braonáin**
- 30<sup>th</sup> – Chuck Buskirk**
- 31<sup>st</sup> – Ann Parisen, Joe Plaskon,  
Karl Wessinger**



## MARCH ANNIVERSARIES

- 4<sup>th</sup> – Greg & Judy Kiel**
- 14<sup>th</sup> – Lee & Janine Johnson**
- 21<sup>st</sup> – Roger & Chris McCann**
- 26<sup>th</sup> – Richard & Vorin Johnston**
- 27<sup>th</sup> – Cal & Gerry Adams**



**We ask if you notice information is missing or incorrect, please let us know. Thank you!**

**Thank you for donating items for the food pantry in the narthex closet.**

**Please remember, NO open packages or containers.**







# March

Time	Acolyte	Communion Assistants	Lector
Wed. Mar 2 3:00 PM	Walter Geissler	Lucy Ann Clark, Walter Geissler, Mike Corbett	Mike Corbett
Sun. Mar 6 10:00 AM	Lucy Ann Clark	Lucy Ann Clark, Walter Geissler, Arlene Hansen	Dan Pollert
Wed. Mar 9 3:00 PM	Carolyn Cole		Carolyn Cole
Sun. Mar 13 10:00 AM	Walter Geissler		Chuck Kovacik
Wed. Mar 16 3:00 PM	Carolyn Cole		Carolyn Cole
Sun. Mar 20 10:00 AM	Walter Geissler	Arlene Hansen, Kay Lyndahl, Walter Geissler	Kay Lyndahl
Wed. Mar 23 3:00 PM	Carolyn Cole		Carolyn Cole
Sun. Mar 27 10:00 AM	Mike Corbett		Rosalie Keller
Wed. Mar 30 3:00 PM	Carolyn Cole		Carolyn Cole



**Worship Assistants Needed** - We are in need of worship assistants to help on Sunday. If you have helped in the past and would like to again, or would like to help for the first time please call Carolyn Cole so she can add you to the schedule. 813-812-7527

**Our biggest need is acolyte and communion assistants.**

March Usher Team	March Altar Guild	Sound & Camera
Debbie Andrews Team	Debbie Andrews	Volunteers



## Mary & Martha House

During February and March, WELCA will be organizing a collection of items for Mary Martha House, a local organization that provides emergency and transitional housing and support services to homeless women, victims of domestic violence and their dependent children. Besides providing a safe haven, they assist these women in acquiring job skills, finding employment, and moving on to permanent housing.

Items they have requested are laundry detergent (liquid or powder), toothbrushes, toothpaste, body wash, kitchen size trash bags, sanitizing wipes, and hand sanitizer. They can be placed on the table in the narthex. For monetary donations, please write Mary Martha House on your check or envelope. We will use the funds for these items or purchase gas cards they requested.



## Laughter Is the Best Medicine

Whether you know it or not – **smiling**, even if you have to fake it, is some of the best medicine you can naturally take!

Come and hear about the science of why this is so and enjoy a little fun to get all your chemistry working for you instead of against you.

Maureen 'Mo' Chiodini is an Instructor in the Exercise Science Program at the University of South Florida. She is a native Floridian and has spent her adult life living and playing in the Tampa Bay area. Her life's challenge has been to get people to enjoy activity as much as she does and to recognize that health is contagious. After a 20 year career in the YMCA, she is now enjoying a teaching career trying to influence the leaders of tomorrow.

Attend her presentation in Buhr Hall on **Friday, March 25th at 11:30 AM**. This light hearted presentation should be appreciated after months of Covid fatigue. Since a light lunch will be served, please sign up on the sheet on the narthex counter if you will be attending. Please bring a non-perishable food item for the food pantry.



## Thrivent

For those Thrivent members who are eligible for Choice Dollars, you must direct your 2021 dollars by **March 31st** or you will lose them. You can direct your dollars by going to

[www.Thrivent.com/thriventchoice](http://www.Thrivent.com/thriventchoice) or by calling Thrivent at [1-800-847-4836](tel:1-800-847-4836) and saying "Thrivent Choice" when prompted. For questions or help, see Lois Hobratschk. This is an opportunity to support Redeemer.



## Ministry Fair

On Sunday, March 27th, we will be having another Ministry Fair! It will follow the 10:00 am worship service and take place in Buhr Hall. The format will be different this year, but you will still be able to hear about all the different ministries taking place at Redeemer, as well as being able to talk to representatives from those teams. This will be an opportunity to sign up to join a ministry that is of interest to you. We will be raffling three (3) \$25 Publix gift cards and also serving a light lunch. Come join us.



## South Shore Concert Band Musical Legends

Please join us as we gather for a tribute concert at Redeemer Lutheran Church at **7:00 PM on Monday, March 14.**

Come to a concert where you'll know every song. Relive the music of the 50's, 60's and beyond.

Hear the best of Frank Sinatra, the Beatles, Whitney Houston, Marvin Hamlisch, Louis Armstrong, Ray Charles, Michael Jackson, and Carole King. If you know the titles you'll hear the songs.

The 30 piece South Shore Concert Band will play some of the most famous works of these musical legends. Come and spend an entertaining evening with us.

The concert is open to the public and a **free will offering** will be taken. **Please bring a non-perishable food item for donation to the food pantry.**



**Our next movie Monday will be March. 28th doors open at 5:30 PM. Dinner will be provided so please sign up. The sign-up sheet can be found on the welcome table.**

## March Movie: What If



What If... tells the story of Ben Walker (Kevin Sorbo), who fifteen years ago left his college sweetheart (Kristy Swanson), and his calling to be a preacher, in order to pursue a business opportunity. Now with a high-paying executive gig, a trophy fiancé, and a new Mercedes, he hasn't considered a family nor felt the need to step foot in a church. But God has other plans. While on a thrill ride outside the city, his new car mysteriously breaks down, and he's visited by a tow truck driver named Mike (John Ratzenberger) who claims to be an angel sent to show Ben what his life would look like had he followed his true calling. Suddenly Ben wakes up in the middle of domestic chaos as his "wife" Wendy and daughters (including Disney Channel's Debby Ryan) are getting ready for church, where Ben is the new pastor. Before he can get back to his old life, Ben must first embrace this reality and discover the value of faith and family, and perhaps restore his love for those who were heartbroken fifteen years ago: Wendy...and God. In the tradition of "It's A Wonderful Life" and "The Family Man," What if... is a story of finding your true purpose in life.



## In View of God's Mercy

Lent is a season when we take a look at our lives in view of God's mercy toward us through Jesus and the Cross. We, in turn, are called by God, especially during this time of repentance and reflection, to display our devotion to him in word and deed. Jesus helps us to see the richness of God's mercy in his life, death and resurrection.

This worship series for Lent focuses our eyes of faith on the meaning behind God's mercy made manifest in Jesus.

3/2/22 Ash Wednesday • Mercy in Ashes: As we are marked with ashes on this day, a reminder to us of our sins, we are reminded, too, of the mercy of our God who lifts us from our ashes to new life in Christ.

3/9/22 • Mercy in Temptation: In the midst of temptation, our merciful God provides us with a way out through his Son, who was tempted just as we are, yet without sin.

3/16/22 • Mercy in Suffering: No life is without suffering, but our sufferings are not worth comparing to the glory to be revealed to us in Jesus by God's great mercy.

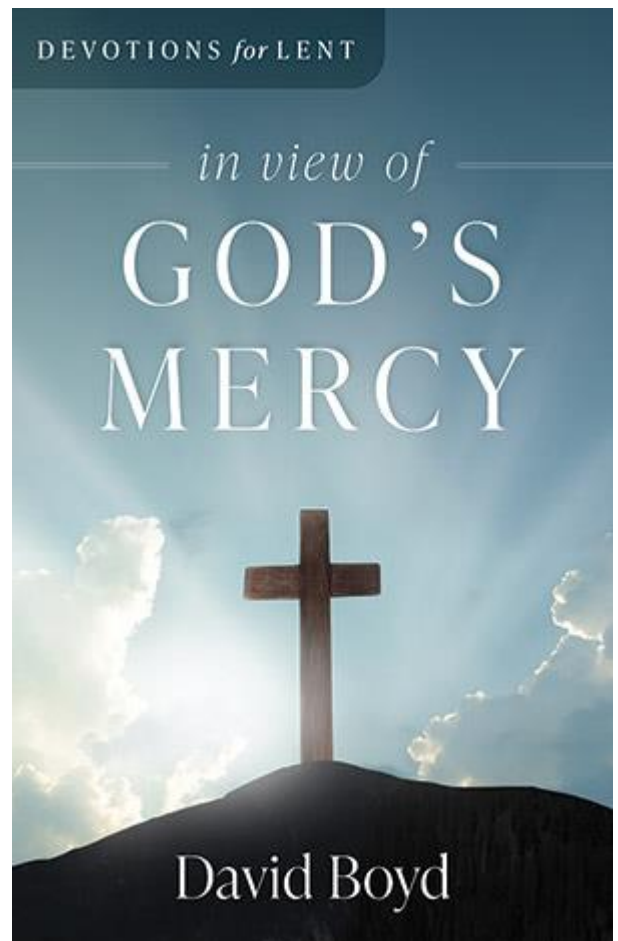
3/23/22 • Mercy in Betrayal: Though we may turn away from our God again and again, our Lord continues to call us back into his merciful arms for Jesus' sake.

3/30/22 • Mercy in Relationships: Within the communities God has placed us, we are given the grace to treat one another as Christ has cared for us in his love and mercy.

4/6/22 • Mercy in Service: In response to God's kindness to us in Jesus, we serve in mercy the needs of those around us by Christ's example.

**Please join us Wednesdays.**

**Lenten Services will be at 3:00 PM.**



## Community Event: Don't Be Scammed

An elderly exploitation and fraud prevention symposium presented free to the public by The Men's Club of Sun City Center, Hillsborough County Sheriff's Office, & Community Foundation of Tampa Bay.

**Thursday, March 10<sup>th</sup> 2022**

**SCC Community Hall**

**1910 South Pebble Beach Blvd.**

Doors open at 8:00 AM,

Program is from 9:00 AM to noon.

Learn about: Romance Fraud, Internet Scams, Elderly Exploitation, Consumer Scams, & Bad Business Practices.

There will be free coffee, donuts, & brownies. There will be an Ice Cream Truck, Door Prizes throughout the morning and more than a dozen exhibitors.

## Springtime Love and Fun: The Best of the Women's Chorus

Director: Jeff Jordan

Accompanist: Valerie Southwell

**Sunday, March 27<sup>th</sup> at 3:00 PM.**

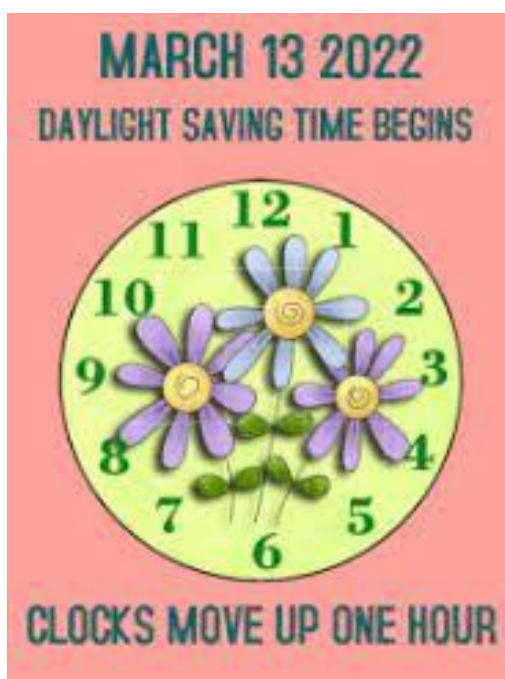
**Location:** The United Methodist Church

1210 Del Webb Blvd. West

Seating is limited, so come early. A free will offering will be taken.



## Mark your Calendar



## Children's Board Hillsborough County: Volunteers needed

The Children's Boards South County Office in Ruskin called a few weeks ago looking for volunteers. They are managed by Lutheran Services Florida so they were hoping we might have some people within our congregation that could help. If you are interested in giving back to the community by volunteering your time please give them a call to see how you can help.

Phone 813-641-5600

Address is 3030 East College Avenue, Ruskin. They are located in the same plaza as Big Lots

### About the Children's Board

The Children's Board Family Resource Centers function as a strong, collaborative partnership with agencies committed to families in our communities. The Children's Board invests in partnerships and quality programs to support the success of all children and families in Hillsborough County

Funding for services is generously provided by the Children's Board of Hillsborough County and Managed by Lutheran Services Florida.







# Luke

T	E	N	L	E	P	E	R	S	J	I	L	W	S	A
Y	Q	G	S	S	E	O	M	U	B	E	W	V	G	R
G	R	G	M	U	T	L	J	D	O	R	E	H	N	D
Z	D	A	A	M	R	E	I	T	A	K	V	I	I	R
E	J	B	R	A	E	G	M	Z	S	M	N	L	S	Y
C	B	R	Y	R	Y	S	W	P	A	Z	S	R	S	A
H	Z	I	W	T	A	N	L	I	T	B	X	C	E	Y
A	A	E	M	H	R	D	O	R	C	A	E	O	L	F
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S	S	U	S	E	J	Y	O	B	S	C	E	H	N	A

ANNA  
ASCENSION  
BLESSINGS  
BOY JESUS  
ELIZABETH

GABRIEL  
HEROD  
LORD'S PRAYER  
MARTHA  
MARY

SIMEON  
TEMPTATION  
TEN LEPERS  
ZACCHAEUS  
ZECHARIAH



# March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:00 AM-RLC Staff Mtg 1:00 PM-Barbershop	<b>2</b> 3:00 PM-Ash Wednesday Communion Worship	<b>3</b> 10:00 AM-Hybrid Bible Study 10:00 AM – OA Group 6:45 PM-Choir practice	<b>4</b> 9:30 AM-Quilters	<b>5</b>
<b>6</b> 10:00 AM-Holy Communion Worship	<b>7</b> 9:00 AM-LifeLine Screening 10:30 AM-AI-Anon	<b>8</b> 10:00 AM-RLC Staff Mtg 1:00 PM-Barbershop 1:30 PM- Worship & Music Mtg	<b>9</b> 3:00 PM-Worship	<b>10</b> 9:00 AM-Parish Nurse Meeting 10:00 AM-Hybrid Bible Study 10:00 AM – OA Group 6:45 PM-Choir practice	<b>11</b> 9:30 AM-Quilters	<b>12</b> <b>DAY LIGHT SAVINGS</b>
<b>13</b> 10:00 AM-Worship	<b>14</b> 10:30 AM-AI-Anon 7:00 PM-Southshore Band Concert	<b>15</b> 10:00 AM-RLC Staff Mtg 1:00 PM-Barbershop	<b>16</b> 10:00 AM-Fundraising Team Mtg 3:00 PM-Worship	<b>17</b> 10:00 AM-Hybrid Bible Study 10:00 AM – OA Group 6:45 PM-Choir practice	<b>18</b> 9:30 AM-Quilters	<b>19</b>
<b>20</b> 10:00 AM-Holy Communion Worship	<b>21</b> 10:30 AM-AI-Anon	<b>22</b> 10:00 AM-RLC Staff Mtg 1:00 PM-Barbershop	<b>23</b> 3:00 PM-Worship	<b>24</b> 10:00 AM-Hybrid Bible Study 10:00 AM – OA Group 6:45 PM-Choir practice	<b>25</b> 9:30 AM-Quilters 11:30 AM-Laughter is the best med	<b>26</b>
<b>27</b> 10:00 AM-Worship Council Installation 11:00 AM-Ministry Fair	<b>28</b> 10:00 AM-WELCA Board Meeting 10:30 AM-AI-Anon 5:30 PM-Movie Night	<b>29</b> 10:00 AM-RLC Staff Mtg 1:00 PM-Barbershop	<b>30</b> 3:00 PM-Worship	<b>31</b> 10:00 AM-Hybrid Bible Study 10:00 AM – OA Group 6:45 PM-Choir practice		

